



Ever so into your morning

We believe that breakfast is the most important meal of the day above all else.

We hope you enjoy it!

- Your Gathering Team

Gourmet Eggs

Scrambled Eggs

Smoked salmon and crème fraiche

Eggs 'Benedict' or 'Florentine'

Two poached eggs with either smoked ham or spinach gratin, hollandaise sauce on a toasted English muffin

Three Eggs Omelette

Choose from ham, bacon, mushroom, onion, capsicum, tomato, chilli, spring onion and cheddar cheese

Chef Aboo's Maldivian Omelette

Local yellowfin tuna, onion, tomato, kopee leaves, local chilli

Vegetable Omelette

Mushroom, onion, bell pepper, tomato, spinach, bok choy

Green Omelette

Spring onion, spinach, coriander, green bell pepper, bok choy

Chef Senthil's Shakshuka

Slow-cooked tomatoes, crumbled feta, olive oil

Swiss Omelette

Potatoes, Emmental cheese, onion, chives, mushrooms



Inspiring a lifetime of rare experiences

Pancakes and Crêpes

Finger Millet flour Pancakes (GF, DF)

American pancakes

Belgian waffles

Arrowroot and almond flour Crêpes (GF, DF)

French toast

Served with your choice of fruit

On the side....

Maple syrup, homemade Nutella, honey or chocolate sauce

We also have gluten-free pancakes, crêpes, and French toast available at your request.

From Our Asian Corner

Slow-cooked chicken or vegetable broth

With your choice of vegetables and noodles

Choice of vegetable bao, prawn har gow, seafood shumai or chicken bao

Traditional Maldivian Breakfast

Mashuni, Kulimash and Rihaakuru

Served with roshi

Curry of the Day

Served with roshi and red rice



Inspiring a lifetime of rare experiences

Plant-Based Breakfast

Avocado Toast

Sourdough bread, micro greens

Tofu Scramble

Spring onion, tomato, coriander

Overnight Cooked Rice Congee

Chopped spring onion, soy sauce, golden garlic.

Oat Milk Porridge

Raisins, cinnamon powder, dates

Chia Seed Pudding

Coconut milk, vanilla, cardamom

Acai Berry Bowl

Coconut yoghurt, mixed berries

We also have plant-based pastries available on request.

Indian Specialty Breakfast

Plain and Masala Dosa

Plain and Masala Uttapam

Aloo Paratha and Malabar Parotta



Hot Beverages TWG Tea selection

Black Tea

Royal Darjeeling FTGFOP
English Breakfast
Kenilworth

Exclusive Black Tea Blends

Tibetan secret
Earl Grey

Green Tea

Jasmine Queen
Emperor Sencha

Exclusive Green Tea Blends

Polo Club
Silver Moon
Crème Brûlée

Exclusive Blue Tea Blends

Kawai Flower Superior
Imperial Oolong

White Tea

Pai Mu Tan

White Tea Sachet

Chamomile

Exclusive Red Tea Blends

Lemon Bush
Vanilla Bourbon



Coffee

Cappuccino

Espresso

Ristretto

Eva Espresso

Café Americano

Flat White

Doppio

Cortado

Café Latte

Latte Macchiato

Espresso Macchiato

Speciality Coffee

Café de Olla

Coffee, cinnamon, brown sugar

Vietnamese Hot or Cold

Coffee, condensed milk

Affogato Hot or Cold

Coffee, vanilla ice cream, dark chocolate, hazelnut

Mocha Hot or Cold

Mocha, Cold Brew Coffee, milk

Iced Ginger Coffee

Coffee, ginger syrup, ginger extract, brown sugar, milk, dark chocolate



Cold Brew Coffee

Tropical Pandan Brew

Fresh banana, coconut milk, cold brew pandan syrup

Sparkling Brew

Cold brew espresso, homemade hibiscus syrup, topped with tonic.

Turmeric Latte

Cardamom, cinnamon, honey, coconut milk, and turmeric, topped with cold brew.

Lemon Grass Cold Brew

Homemade lemon grass syrup, topped with cold brew coffee.

Cold Brew Latte

Cold brew coffee, topped with milk.

Strawberry Mint Frappe

Cold brew coffee, mint. Strawberry

Cold Brew Mule

Cold brew coffee, ginger juice, homemade pandan syrup



Freshly Squeezed at The Juice Bar

We aim to offer you a wide selection of fresh fruit and vegetable juices, however, seasonal availability or logistical challenges may prevent us from having everything available every day.

Mix and match the following fruits and vegetables as you wish.

The following juices are made fresh and can be ordered on request:

Apple	Mango	Beetroot
Banana	Orange	Carrot
Grapefruit	Papaya	Cucumber
Honeydew melon	Pineapple	Tomato
Kiwi	Watermelon	

Health is Wealth

Tropical Island

Banana, mango, pineapple, and orange give you a sense of the tropics.

A Feast

A feast for the spirit; carrot, apple, pineapple and orange

The Energiser

Re-energise with banana, honey, yoghurt, and almonds.

Coconut Zinger

Taste the Maldives with fresh coconut milk, pineapple, apple, and ginger.



Cleansing Juice

Clean Tonic

Orange and Carrot

This delicious tangy mixture is a good combination that helps condition the liver. High in vitamin C to boost the immune system and cleans the digestive track.

Tangy Spice

Orange, Apple, Lime and Ginger

A juice with a gentle kick. This juice has powerful antioxidant benefits and is perfect to have at the onset of a cold or fever as it is rich in vitamins A and C and full of fibre. Ginger is also often used for digestive and circulatory problems.

Beet Treat

Carrots, Orange and Beetroot

This vitality juice helps build better blood and provides essential ingredients of nutrition for cell protection. Rich in vitamins A, B, C and E as well as folic acid and potassium.

Carrot Zinger

Ginger, Carrot and Lime Zest

Ginger-carrot juice offers natural protection against cancer. The juice rejuvenates the skin and protects against heart disease.



Energising Boosters

The Refresher

Watermelon and Mint

This juice is refreshing and uplifting. A tangy drink to beat the heat.

Spa Energiser

Tomato and Celery

This juice is uplifting and is excellent to ease the discomfort of jet lag.

Peak Performer

Grapes, Guava, Apple and Pineapple

This juice has a unique flavour and will give you a 'feel-good day'. Full of fibre and natural sugars, it's just the thing to provide instant energy. It contains enzymes with natural healing properties as well as vitamins B and C, pectin and calcium.

Eye Opener

Spinach, Apple, Cardamom and Celery

A refreshing and energising protein-rich juice which serves as a great start to the day. It contains many essential nutrients such as vitamins A, C and E, magnesium and iron. Taken regularly, it helps to reduce skin damage and hair fall, and improves bone health.



Mango Minty

Mango, Apple, Basil and Mint

This delicious and nutritious drink is packed with antioxidants, flavonoids and minerals for excellent overall health. It will also contribute to glowing skin, lustrous hair and bright eyes.

Breakfast Beater

Apple, Orange, Ginger, Carrot and Celery

This juice provides many essential nutrients such as beta-carotene, flavonoids and vitamin C. The ginger helps expel mucus from the respiratory tract helping to relieve asthmatic and sinus problems. Diluted, this is also a perfect drink for acute gastrointestinal disturbances.

Citrus Papaya

Orange, Honey, Lime and Papaya

An ideal drink for cleansing and soothing the digestive tract thanks to its high levels of antioxidants. It also cleanses and enhances immune properties.

Strength of 'Medhufaru'

Home Grown Banana, Mango, Guava and Cardamom

This is a rich drink packed full of essential nutrients which, with regular consumption, have been proven to lower blood pressure and cholesterol and improve cardiac performance. It will also contribute to healthy bones.

Sunrise at Jani

Orange, lemon, Passion Fruit and Strawberry

A tasty, tropical indulgence full of life-protecting vitamins and minerals which will make you feel healthier, look better and enhance your day!



Truly Asia

Pineapple, Mango, Coriander, Ginger and Passion Fruit

This juice is filled with fibre, iron and manganese. It helps in the treatment of skin inflammation, lowers cholesterol and benefits eye care.

Hulk

Fennel, Basil, Mint, Orange and Honey

This juice is packed with life-giving antioxidants and chlorophyll which help to reduce cholesterol, lower blood pressure and protect the body against free-radical damage and disease.

Tropical Mint Breeze

Lemon, Mint, Cucumber and Watermelon

A great tropical drink to refresh, replenish and cool you down. Perfect after a workout, it helps boost immunity, gives you energy and keeps you radiant.

Sunburn Elixir

Pineapple, Cucumber, Lemongrass and Passion Fruit

A light juice which is rich in water-soluble antioxidants and vitamin C. It helps the body to gain resistance against infectious agents and keep the body cool.



Sonu's Juice Selection

Sonu's Juice no 1

Celery, Cucumber, Parsley, Romaine Lettuce and Wheat Grass
This bright green drink contains is rich in chlorophyll, an excellent body cleanser, as well as folate and potassium - all essential for good health.

Sonu's Juice no 2

Carrot, Lemon, Spinach and Tamarind
Spinach and carrots are high in B vitamins, calcium, potassium iron and magnesium. Lemon and tamarind are rich in tartaric acid activity as powerful antioxidants. This recipe provides a good midday energy boost.

Sonu's Juice no 3

Coriander, Cucumber, Fennel and Pear
A light and delicious juice containing nutrients to promote bone growth in children and bone maintenance in adults. It contains some magnesium, soluble fibre and fennel, which help to soothe and calm an unhappy digestive tract.



Immune Boosters

Citrus Cold Flu Fighter

Garlic, onion, lemon, orange, honey

Lemon Flu Fighter (Cold & Flu)

Fresh lemon juice, ginger, honey, a dash of Tabasco sauce

Morning Booster

Beetroot, carrot, green apple

Hot Golden Milk

Golden milk is a hot drink made with turmeric, ginger, cinnamon, honey and your choice of milk.

Some recipes call for nutmeg, black pepper and other spices. Multiple health benefits associated with golden milk may stem from the anti-inflammatory properties of the combination, which include cancer prevention and treatment, pain control and weight management. Golden milk has neuroprotective properties as it has shown a positive effect on learning, spatial memory and working memory. Data also suggests it plays a role in the prevention and treatment of Parkinson's disease, Alzheimer's disease, Huntington's disease, and multiple sclerosis.



Smoothie

Mix and match the following fruit to create your own smoothie:

Apple

Banana

Mango

Orange

Papaya

Pineapple

Strawberry

Kiwi

Ginger

Passion fruit

Spinach

Berry Beanie

Strawberry, yoghurt, orange, vanilla pod

Mango Tango

Mango, mint, yoghurt, honey

Passionate

Passion fruit, banana, pineapple, yoghurt, honey

Evergreen

Baby spinach, ginger, peach, yoghurt, honey